

# DARA SILVERMAN

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[HeartandBonesWriting.com](http://HeartandBonesWriting.com) · [AgileRascalTheatre.com](http://AgileRascalTheatre.com)

*Quick-witted script scribbler with a penchant for the authentic and a knack for the dramatic.*

## EXPERIENCE

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### WRITER AND EDITOR | HEART AND BONES WRITING | 2015 - Present | Philadelphia, PA

Provide ghostwriting, editing and coaching services; specializing in memoir, fiction, educational content, multimedia and short form video scripts, and dramatic writing.

Select projects include:

- WRITER – *Fighting to Fly: A Girl's Journey to Succeed Against All Odds in a Changing World* by Fei Fei, Executive Vice President at LexisNexis, 2019
- WRITER – *Shift: Creating Better Tomorrows at Work and in Life* by Michael O'Brien, Red Hill Publishing, 2017
- WRITER – *Orphan Christmas* (screenplay) by Mark Miletello, 2019
- EDITOR – *The Bounce: The Complete Superbound Guidebook* by Jordan S. Gruber, Joy Daniels, 2020
- BOOK COACH – *Undisclosed feminist self-help book*, Chronicle Books, 2024

### GHOSTWRITER | FORBES BOOKS MEDIA | 2022 - Present | Charleston, SC

Serve as a ghostwriter for business leaders, for the book publishing brand of Forbes Business.

Select projects include:

- *It Begins with Fear: A Framework for Extreme Success* by Alfonso Cahero, 2023
- *The Advantage of Other: A Leader's Guide to Building an Equitable, Dynamic, and Productive Workplace* by Nancy Geenan, 2022
- *What Your Mom Never Told You: A Driven Girl's Guide to Money, Work, and Love* by Ariana Mangum, 2018

### FOUNDER, ARTISTIC DIRECTOR AND PLAYWRIGHT | AGILE RASCAL THEATRE | 2014 - Present

I run a theater company that works at the intersection of performance and cycling. As company playwright, I write plays both with, and for, the ensemble. Our mission is to make innovative theater accessible, promote cycling as a viable means of transportation, inspire reverence for our natural landscape and foster creative connections between artists, activists and cyclists. I also end up putting my film-making degree to good use - scripting, writing, directing and producing all of the videos for our website, tours, and promotion.

## ADDITIONAL EXPERIENCE

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Workshop Leader, League of American Bicyclists' National Bike Summit, Washington, DC	2023
Workshop Leader, Lehigh University, Bethlehem, PA	2023
Panelist, Co-Creating the Beyond with NET, LMDA Conference – Philadelphia, PA	2022

## TECHNICAL SKILLS

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**PHOTO EDITING:** Photoshop, Canva · **VIDEO EDITING:** Adobe Premiere  
**WEB DESIGN:** Wix, Squarespace, Wordpress · **COMMUNICATION:** Mailchimp, Constant Contact  
**SOCIAL MEDIA:** Facebook, Instagram, Twitter/X · **AI:** Dall-E, Midjourney, Chat GPT  
**OTHER:** Microsoft 365: Word, Excel, Outlook, PowerPoint, Google Workspace: Docs, Sheets, Slides, Forms

## SELECT AWARDS & RECOGNITIONS

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Residency, BRB Eco Week with Fresh Ground Pepper – Bethlehem, PA	2023
Residency, Aloha Redlands – Homestead, FL	2022
Residency, Sable Arts Project – Stockbridge, VT	2021
Residency, Artists in Residence in Everglades – Everglades National Park, FL	2019
Residency, Lookout Arts Quarry – Bellingham, WA	2018
Residency, Santa Fe Art Institute – Santa Fe, NM	2016
Selection, Resonance, MT, The Growing Stages New Plays Reading Festival, Netcong, NJ	2019
Finalist, Purple Beastly, Jewish Plays Project's Jewish Playwriting Contest	2016
Selection, Cess Pool and Lil' Tina, 105 Five-Minute Plays for Study and Performance, Smith & Kraus	2016
Staged Reading, Purple Beastly, San Francisco State University, Greenhouse Festival	2013
Finalist, Black Thursday, Association for Theatre in Higher Education	2013

## EDUCATION

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Master of Fine Arts in Creative Writing, San Francisco State University, San Francisco, CA	2013
<ul style="list-style-type: none"><li>Graduated with Honors</li></ul>	
Bachelor of Fine Arts in Film & Television, New York University, New York, NY	2005
<ul style="list-style-type: none"><li>Graduated with Honors</li></ul>	
Certificate in Copy Editing, The Media Alliance, Oakland, CA.	2011

## PROFESSIONAL DEVELOPMENT

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Grant Recipient & Arts Marketing Mentorship, Americans for the Arts – online	2021
Participant, Creative Climate Leadership Training, Julie's Bicycle – Oracle, AZ	2020
Participant, Calling Us In: an Anti-Racist Learning Circle with Deborah Eliezer – online	2020
Participant, White Women & Accountability with Merriquer Jenson – online	2020
Participant, Anti-Racist Theatre with Nicole Brewer, A Foundational Course – online	2020